

Site Management Safety Training Scheme (SMSTS)

This five-day course is designed for site managers, or aspiring site managers. It is designed for those with responsibility for managing, monitoring, implementing and reporting in a construction environment.

The course covers relevant health, safety and environmental legislation affecting safe working in the building, construction and civil engineering industries. It highlights the need for risk assessment in the workplace, the implementation of the necessary control measures, and adequate communication to sustain a health and safety culture in the workforce.

The SMSTS course is endorsed by Build UK as the standard training for all construction managers. Delegates taking the SMSTS course should be able to achieve all the learning outcomes listed below by the end of the course.

The course aims to help site managers to:

- Manage and implement health, safety and environmental aspects on site, in accordance with current legal provisions and within the context of their management role
- Implement new guidance and industry best practice
- Develop an understanding of responsibility and accountability for site health, safety, welfare and the environment
- Recognise that a safe site is efficient, economical, productive and environmentally friendly.

Module 1 – Legal and Management

- Health and Safety law
- The Health and Safety at Work etc. Act
- Construction (Design and Management) (CDM) Regulations
- Health and safety management systems
- Risk assessments and method statements
- Induction and training
- Effective Communication
- Leadership and worker engagement
- Inspection and audit
- Statutory forms, notices and registers
- Accident prevention, control, reporting and investigation

Module 2 – Health & Welfare

- Management of health
- Welfare facilities
- Stress and mental health at work
- Drugs and alcohol
- Control of substances hazardous to health
- Lead
- Asbestos
- Dust and fumes

- Noise
- Vibration
- Manual handling

Module 3 – General Safety

- Site organisation
- Fire prevention and control, and dangerous substances
- Electrical safety
- Temporary works
- Work equipment and hand-held tools
- Mobile work equipment
- Lifting operations and equipment
- Mobile workforce and driver

Module 4 – High Risk Activities

- Work at Height Regulations
- Working at height
- Common access equipment
- Scaffolding
- Fall arrest and suspension equipment
- Excavations
- Underground and overhead services
- Confined spaces

Course Assessment

- Completion of 4 core exercises
- Trainer review
- 35 minute examination



Five days



Maximum of 20 people



Training Academy



CITB SMSTS Certificate
Valid for 5 years

